

Reg. No:

First Year BSc Nursing Degree Examination - August 2011

NUTRITION AND BIOCHEMISTRY

Time: 3 Hours

Maximum Marks: 75

- Answer all questions
- Write section A and section B in separate answer books. Do not mix up questions from section A and section B.

Q P Code: 1410

Section A - NUTRITION

Essay

(1x10=10)

1. Explain the methods of cooking in detail.

Short answer

(5x5=25)

2. Beri-Beri
3. Nutritional agencies
4. Classification of proteins
5. Rickets
6. Role of fibre.

Answer Briefly

(5x3=15)

7. What is weaning.
8. List down the sources of iron
9. Prevention of food adulteration act
10. List out the food included and avoided by a diabetic patient
11. Define basal metabolic rate.

PTO