

MAY 2013

U/ID 14832/UCAJ

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Time : Three hours

Maximum : 100 marks

PART A — (10 × 2 = 20 marks)

Answer ALL questions.

All questions carry equal marks.

Each answer should not exceed 50 words.

Define/Explain.

1. Anatomy
2. Origin of disease
3. Water remedies
4. Reason for sleeplessness
5. Fasting
6. Herbal care
7. Anemia
8. Deep breathing
9. Women diseases
10. Skin diseases.

PART B — (5 × 6 = 30 marks)

Answer ALL questions.

All questions carry equal marks.

Each answer should not exceed 250 words.

11. (a) Explain the role of water on health.

Or

(b) Describe the meaning of nature care.

12. (a) Write short notes on Bramacharya exercise.

Or

(b) Explain the purpose of food and constituents of food.

13. (a) Describe the methodical breaking of fasts.

Or

(b) Write down the benefits of manathakkali and pulichaikeerai.

14. (a) Write down the method of treatment for Cholera.

Or

(b) Write down the preventive measures to be taken for the small pox disease.

15. (a) Explain the method of care to be taken for the new born babies.

Or

- (b) Write short notes on treatment for infantile paralysis.

PART C — (5 × 10 = 50 marks)

Answer ALL questions.

All questions carry equal marks.

Each answer should not exceed 500 words.

16. (a) “Health and Nature Care” – Discuss.

Or

- (b) Explain the fundamental principles of nature care.

17. (a) Define massage and explain any two types of massage.

Or

- (b) Explain the importance of fast care and the value of vegetables.

18. (a) Give an account on “Herbal care”.

Or

(b) Write down the treatment for rheumatism, vomiting, bed wetting and cold.

19. (a) Explain the remedies for children ailments.

Or

(b) How does a pregnant woman may taken care during her pregnancy?

20. (a) Write short notes on treatment by herbs and bazaar drugs.

Or

(b) Write short notes on treatment for pits, heart trouble and headache.

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