

B.P.Ed. DEGREE EXAMINATION, NOVEMBER 2011**Physical Education****HISTORY, PRINCIPLES AND FOUNDATIONS OF PHYSICAL EDUCATION****(CBCS – 2008 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

All questions carry equal marks.

1. What is physical education?
2. Explain physical culture.
3. List down the theories of play.
4. Write the meaning of body mechanics.
5. Define theory.
6. Define socialization.
7. Explain vital capacity.
8. Define psychology.
9. Write short notes on olympic flag.
10. Explain sports council.

Part B

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

All questions carry equal marks.

11. (a) Explain muscle tone.

Or

- (b) Exercise is a biological necessity. Discuss.

12. (a) Examine the aims and objectives of physical education.

Or

- (b) Explain inheritance theory.
13. (a) Discuss the application of reciprocal innervations in physical education.

Or

- (b) Explain the somatotype classification according to Kretschmer.
14. (a) Describe the sociological foundation of physical education.

Or

- (b) Briefly explain the theories of learning.
15. (a) Explain modern olympic games.

Or

- (b) Discuss the physical education in ancient sparta.

Part C

(3 × 10 = 30)

Answer any **three** questions.

All questions carry equal marks.

16. Explain the biological foundation of physical education.
17. Explain the related subjects influence in physical education.
18. Describe the difference between boys and girls during the period of adolescence.
19. Socialisation through physical education. Discuss.
20. Physical education in Ancient Greece. Explain.
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B.P.Ed. DEGREE EXAMINATION, NOVEMBER 2011

Physical Education

METHODS IN PHYSICAL EDUCATION AND SPORTS

(CBCS – 2008 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

All questions carry equal marks.

1. Define Method.
2. What is planning?
3. Define Command.
4. What is management?
5. Write the types of lesson plan.
6. Explain special part in general lesson.
7. Write about dhands.
8. What is calisthenics?
9. Write the types of tournaments.
10. What is Intramural?

Part B

(5 × 5 = 25)

Answer **all** questions, choosing either (a) or (b).

All questions carry equal marks.

11. (a) Explain Command method and oral method.
- Or
- (b) Explain Demonstration and set drill method.
12. (a) Explain rhythmic command.

Or

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- (b) Explain the benefits of audio visual aids.
13. (a) Explain the values of lesson plan.
- Or
- (b) Explain the recreational part in the general lesson plan.
14. (a) Explain the uses of marching.
- Or
- (b) Explain the method of teaching the track and field events.
15. (a) Explain play day.
- Or
- (b) Draw a single knock out tournament for 12 teams.

Part C

(3 × 10 = 30)

Answer any **three** questions.

All questions carry equal marks.

16. Explain the factors influencing the methods.
17. Explain the principles for a good class management.
18. Prepare a general lesson for the IXth standard girls.
19. Explain the method of teaching any one skill in your specialization game.
20. Draw a single knock out tournament for 27 teams with 4 teams special seeding.
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B.P.Ed. DEGREE EXAMINATION, NOVEMBER 2011**Physical Education****ELECTIVE — ANATOMY AND PHYSIOLOGY****(CBCS – 2008 onwards)**

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.All questions carry equal marks.

1. What are the different types of joints?
2. Mention the location of kidney in our body.
3. What are the nerves used in for vision in the eyes?
4. Write down the organs of respiration.
5. Define physiology.
6. Write about cell division.
7. Explain the functions of Thyroid gland.
8. How cerebrospinal fluid is secreted?
9. Write about sensory impulses.
10. Write about arch of the foot.

Part B

(5 × 5 = 25)

Answer **all** the questions, choosing either (a) or (b).All questions carry equal marks.

11. (a) Explain Reflex action.

Or

(b) Explain the mechanism of urine formation.
12. (a) Draw the structure of skin.

Or

- (b) Explain about Blood pressure.
13. (a) Explain the structure of Nerve cell.
- Or
- (b) Write about the qualities of all living matter.
14. (a) Write about cardiac cycle.
- Or
- (b) Explain the functions of Pituitary gland.
15. (a) Explain the functions of kidney with a diagram.
- Or
- (b) Write down the functions of lungs.

Part C

(3 × 10 = 30)

Answer any three questions.
All questions carry equal marks.

16. Explain the cell division with the diagram.
17. Explain the mechanism of respiration.
18. Explain the mechanism of salivary gland, pancreas and liver.
19. Explain the following :
- (a) coagulation of blood.
- (b) Medulla oblongata.
20. What are the classification of Bones and explain their function?
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**P.D.Ed., DEGREE EXAMINATION,
NOVEMBER 2011**

Bachelor of Physical Education

**ORGANISATION, ADMINISTRATION, SUPERVISION AND CAMPING IN PHYSICAL
EDUCATION**

(CBCS – 2010 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions

All questions carry equal marks.

1. Meaning of 'organisation'
2. What is 'Administration'
3. Define 'Play Area'
4. Types of swimming pool
5. What is 'Budget'
6. Types of 'Register'
7. Define 'Supervision'
8. Aim of 'camping'
9. Types of Camping
10. Types of physical education periods.

Part B

(5 × 5 = 25)

Answer any **five** questions

All questions carry equal marks.

11. (a) Explain the scope of organisation in physical education.

Or

- (b) Describe the scheme of organisation in physical education at university level.

12. (a) Describe the points which are to be observed while constructing a swimming pool.

Or

- (b) Explain the care and maintenance of store keeping
13. (a) What are the rules of utilization of game fund.
- Or
- (b) Explain the importance of physical efficiency test register.
14. (a) Explain the various types of supervision
- Or
- (b) What are the qualifications of a supervisor
15. (a) What are the objectives of 'Camping'
- Or
- (b) List down camp officials.

Part C

(3 × 10 = 30)

Answer any **three** questions

All questions carry equal marks

16. What are the guiding principles of 'organisation' and 'Administration' in physical education.
17. Describe the need and importance of 'gymnasium' and multi purpose swimming pool.
18. Describe the guiding factors of preparing a budget.
19. Describe in detail different types of 'records' and 'registers' in physical education and their purpose.
20. Explain the planning in 'Physical education syllabus', 'Physical education periods' and time allotment.