# B.Sc. DEGREE EXAMINATION, APRIL 2011 Third Semester

### Home Science (Nutrition, Food Service Management and Dietetics)

#### NUTRITIONAL BIOCHEMISTRY

(Non-CBCS-2004 onwards)

Time : 3 Hours

Maximum: 100 Marks

Part A

 $(10 \times 2 = 20)$ 

- 1. Mention any two objectives of Biochemistry.
- 2. What is meant by active transport?
- 3. Write short notes on lactose.
- 4. Define iodine number.

- 5. Give the significance of acid value.
- 6. List any four EAA.
- 7. What is isozymes ?
- 8. Write shortly on genetic code.
- Mention any two biochemical role of fat soluble vitamins.
- 10. What is oxidative phosphorylation ?

#### Answer any **eight** questions.

11. Explain the inter-relationship between biochemistry and other biological sciences.

- 12. Write structure and properties of monosaccharides.
- 13. Give the classification of lipids with examples.
- 14. Discuss the nutritional classification of protein.
- 15. List the functions of Carbohydrates.
- 16. Give the different types of enzymes.
- 17. Write short notes on urea cycle.
- 18. Explain Election transport chain.
- 19. Discuss the types and composition of lipoproteins.
- 20. Briefly explain Acid-base balance.

Part C

Answer any **two** questions.

- 21. Write a detailed account on glycolysis and T.C.A. cycle.
- 22. Discuss the metabolism of fats with reference to
  - (a)  $\beta$  -oxidation of fatty acids and
  - (b) biosynthesis of fatty acids.
- 23. Explain Vitamin A, under the following heads :

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- (a) Chemistry and properties.
- (b) Biochemical roles.

## B.Sc. DEGREE EXAMINATION, APRIL 2011 Fourth Semester

### Home Science (Nutrition Food Service Management and Dietetics)

### **HUMAN NUTRITION**

(Non-CBCS-2004 onwards)

Time : 3 Hours

Maximum: 100 Marks

Part A

 $(10 \times 2 = 20)$ 

- 1. Define Balanced diet.
- 2. What is BMR?
- 3. When does hyperglycemia occur?
- 4. What is meant by lipogenesis?

- 5. What is meant by protein sparing action of Carbohydrate?
- 6. List the essential fatty acids.
- 7. Name any two weaning foods.
- 8. Write the ICMR-RDA of protein for pregnant and lactating mother.
- 9. Mention the three common micronutrients.
- 10. What is Osteoporosis?

**Part B** (8 × 5 = 40)

Answer any **eight** questions.

11. Mention any five factors to be considered while planning a menu.

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- 12. Write short notes on physiological fuel value of foods.
- 13. List the biological functions for Carbohydrate.
- 14. Explain the Vitamin A deficiency in detail.
- 15. How do you present anemia in your area?
- 16. Give common complications in pregnancy.
- 17. Write short notes on nutritional care given to lactating mothers.
- 18. Explain weaning foods, in detail.
- 19. What are common nutritional problems exist in the community ?

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20. Give ICMR-RDA of nutrients for pres-chool girl.

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Part C (2 \times 20 = 40)
Answer any two questions.
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- 21. Give an account of the etiology, signs and symptoms and treatment of Kwashiorkor.
- 22. Discuss about the physiological needs and additional nutritional requirements in pregnancy.
- 23. How do you assess the nutritional status of young children, using direct methods ?

# B.Sc. DEGREE EXAMINATION, APRIL 2011 Fifth Semester

### Home Science (Nutrition Food Service Management and Dietetics)

### **DIET THERAPY—I**

(Non-CBCS-2004 onwards)

Time : 3 Hours

Maximum: 100 Marks

Part A

 $(10 \times 2 = 20)$ 

- 1. Define Dietetics.
- 2. List any four foods that should be included in restricted fluid diet.
- 3. What is external nutrition
- 4. Define Obesity.

- 5. What is anorexia ?
- 6. Classify the febrile disease.
- 7. What is gastric ulcer?
- 8. Define steatorrhoea.
- 9. Define sickle cell anaemia.
- 10. What is cholecystitis?

**Part B** (8 × 5 = 40)

#### Answer **eight** out of ten.

- 11. Explain how the normal diet is modified into therapeutic diets.
- 12. Explain the routine hospital diets.

- 13. Explain the term "Team approach".
- 14. Explain the causes, effects and treatment of underweight.
- 15. Explain the causes, sign symptoms and nutritional care for typhoid.
- 16. Explain the etiology of gastric ulcer and the signs and symptoms of the disease.
- 17. Explain the causes, types and nutritional care in constipation.
- Explain the etiology, symptoms and treatment of tropical sprue.
- 19. Classify the anaemia.

20. Explain the causes, symptoms and nutritional care in pancreatitis.

**Part C** (2 × 20 = 40)

Answer any **two** out of three.

- 21. Explain the etiology, effects and nutritional care for a person suffering from inflammatory bowel disease.
- 22. Explain the types of hepatitis. What are the causes of the disease and explain the dietary management for the same.
- 23. What is parenteral nutrition ? Explain the types and formulations and nutrient content of these feeding.

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# B.Sc. DEGREE EXAMINATION, APRIL 2011 Sixth Semester

### Home Science (Nutrition Food Service Management and Dietetics)

#### FOOD AND BEVERAGE SERVICE SKILLS

(Non-CBCS-2004 onwards)

Time : 3 Hours

Maximum : 100 Marks

Part A

 $(10 \times 2 = 20)$ 

- 1. List the types of catering establishment.
- 2. What is waiter ?
- 3. What are the criteria used for selection of furniture in Restaurant ?
- 4. Restaurant—Define

- 5. What do you mean by Misc-en-place ?
- 6. Name the different types of cuisines.
- 7. What is KOT ?
- 8. List the classification of beverages.
- 9. List the types of breakfast.
- 10. Define Hygiene.
- **Part B** (8 × 5 = 40)

Answer any **eight** out of ten questions.

11. Discuss the features of different types of catering establishment.

- 12. Describe the importance of waiter and their characteristics and quality needed in food service area.
- Explain Misc-en-place, Misc-en-Scene and its do's and don'ts in restaurant.
- 14. Explain the types of menu.
- 15. Describe high tea.
- 16. Illustrate the continental cuisines.
- 17. What are the Non-alcoholic beverages ?
- 18. Write the service procedures of Beverages.

- 19. Explain the role and responsibilities of Restaurant staff.
- 20. Narrate the safety techniques adopted food service sector.
  - **Part C** (2 × 20 = 40)

Answer any **two** out of three questions.

- 21. Elaborately discuss the organization structure and procedure of the food and beverage and its hospitality operation.
- 22. Describe the styles of service in the restaurant.
- 23. Explain the following :
  - (a) Special service equipment for a food and beverage outlet and explain their use.
  - (b) Types of mean and service procedures.

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