Class - X



Vocabulary and Grammar

Select	the	most	suitable	option	to	fill	the	blanks.

beleet the most suit	able option to mi the
1. A of wild	animals.
A. pack	B. 200
C. litter	D. troop
2. He	solved the problem.
A. hisself	B. he-self
C. himself	D. myself
Select options with o	correct tense form of

verb, to fill the blanks.

- 3. The Earth's gravity _____ us from floating in the air. B. will keep A. keep C. has kept D. keeps
- 4. Shreya_____in Mumbai when the Tsunami occurred.
 - A. has been living B. had been living C. will have lived
 - D. is living

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Select options showing transformation of given sentences, correctly.

- 5. You have to finish you work first. You should remember it.
 - A. You should remember that you have to finish you work first.
 - B. You should remember first that you had to finish your work.
 - C. You should first remember that you will have to finish your work.
 - D. You should remember that you first would have finished your work.
- 6) The book is missing. We will have to give you a new book.
 - A. The book is missing and we have to give you a new book.
 - B. Since the book is missing, we will have to give you a new book.
 - C. The book is missing because we have to give you a new book.
 - D. When the book is missing and we have to give you a new book.

Select options (synonyms) to the given words.

- 7. Emanate
 - A. To bring out B. To elaborate about
 - C. To emphasise on something
 - D. To produce/show something

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Select options (antonyms) to the given words.

8. expand

A. contrast B. contract C. inplant D. implant

II. Reading Comprehension

Read the stories given below carefully and choose correct options as answers to the questions that follow.

Music rejuvenates the mind. When music therapy is combined with other relaxation techniques based on guided imagery, it reduces depression, pain and anxiety. Fibromyalgia is a condition that causes pain, stiffness and tenderness of the muscles, tendons and joints. In such a condition music also improves sleep.

Researchers used relaxation technique based on guided imagery and music therapy for treatment of patients. They were given a CD each, which they could listen to, at home. Then, the researchers measured the different symptoms associated with Fibromyalgia like intensity of pain, quality of life, sleep disorders and others. The patients showed positive improvement in their condition. This reveals that the art of relaxation and receptive music therapy are effective to a great extent.

9. Find the word which is close in meaning to 'anguish'.

A. devotional songs B. severe pain

C. relaxation technique D. astonishment of mind

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10.	How does music affect	the mind?					
	A. improves sleep	B. refreshes us					
	C. reduces pain	D. all of A, B, C					
[11.]	What is the main symp	otom of Fibromyalgia?					
	A. irritation	B. relaxation					
_	C. pain and stiffness	D. all of A, B, C					
12.	Which is the antonym	of 'worsen'?					
	A. decrease	B. improve					
	C. fasten	D. hasten					
13.	What is the plural forn	n of 'therapy'?					
	A. therapys	B. therapies					
	C. therapy's	D. therapys'					
Solo		to entions as your answ	orc				
		te options as your answ	ei 5.				
14.	Ramu : Hi John, how d	o you do ?					
	John :						
	A. The same here	B. Hi, Ramu					
	C. Thanks, it's fine.	D. How do you do?	D. How do you do?				
15 .	Meenal: Hi Sam, how d	lid you like it inU.S.	A. ?				
	Sam : Well, Meenal I I	ike it here inIndia.					
	A. none, the	B. the, the					
	C. the, none	D. none, none					
•	: 1. B 2. C 3. D 10.D 11.C 12.B 13	4. B 5. A 6. B 7. D .B 14.D 15.C	8. B				
4	Sample	questions UIE	O/X				