

07

The Competition in

Leadership & Social Skills

PRELIMS LEVEL

PSYCHOMETRIC TEST

MODEL PAPERS

Class : V-X



Eduranet

Intellectual Olympiad Foundation

(Promoted by Eduranet Educational Society (Regd. 309/09))

Hyderabad | India

PERSONALITY ASSESSMENT TEST - I

Max. Marks : 75

Duration : 75 Mins.

How self-confident are you ?

Answer each question or statement by choosing which one of the three alternative responses given is most applicable to you.

1. **How much do you depend on the approval of others in order to feel good about yourself?**
 - a) Very much, as it makes me feel I am doing right not just by myself but also by others.
 - b) Not very much, as generally I trust my own abilities.
 - c) Generally it does make me feel better when I have the approval of others.
2. **How comfortable would you feel if invited to attend a social gathering such as a Buckingham Palace Garden Party?**
 - a) Not very comfortable, in fact extremely nervous.
 - b) Very comfortable, and welcoming of the opportunity to meet many interesting and possibly famous people.
 - c) Fairly pleased about the prospect of attending, but also a little nervous.
3. **How often do you worry about your appearance?**
 - a) Frequently
 - b) Rarely or never.
 - c) Occasionally
4. **In general, do you feel good about yourself?**
 - a) I often feel frustrated and that I could do better and achieve more.
 - b) Yes.
 - c) It is not something to which I have particularly given much thought.

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- 5. How much would you welcome the opportunity to take part in a current affairs radio discussion?**
- a) I would be very nervous and prefer not to take part.
 - b) Very much.
 - c) I wouldn't mind taking part, but would not be overly excited at the prospect.
- 6. How would you describe your expectations in life?**
- a) I live more in hope than anticipation
 - b) Realistic
 - c) Quite high
- 7. How good are you at selling yourself?**
- a) Not very good
 - b) Very good
 - c) I have some strengths that I am able to emphasize.
- 8. Do you feel there is a need to conform in order to be accepted by others?**
- a) Yes to a great extent
 - b) I am not interested in conforming, merely to be accepted.
 - c) To a certain extent.
- 9. How important is it to live up to the standards of others, such as parents?**
- a) I believe it is important to have role models.
 - b) Not that important, as it is more important to become your own person
 - c) It is more important to live up to the standards expected by society in general, rather than the standards of individuals.
- 10. Do you generally strive for approval from every significant person in your life?**
- a) Yes, generally
 - b) No, as this would seem to be an unattainable goal.
 - c) Sometimes.

- 11. Do you believe you have the courage of your own convictions?**
- a) Not particularly
 - b) Yes.
 - c) Perhaps not as much as I would like.
- 12. Do you set yourself very high standards in everything you do?**
- a) Yes, I believe everyone should set themselves high standards.
 - b) I believe it is more important to set myself realistic standards.
 - c) Perhaps in some things I do set myself high standards.
- 13. How optimistic an outlook have you on life?**
- a) I am more of a pessimist than an optimist
 - b) Very optimistic
 - c) Fairly optimistic
- 14. What are your feelings about trying but failing?**
- a) Disappointment
 - b) At least I tried, now is there anything positive I can gain from the experience ?
 - c) Try, try and try again.
- 15. How easy is it for you to bounce back after adversity?**
- a) Quite difficult, and there are some adversities from which you can never totally bounce back.
 - b) It is easier to bounce back after some adversities than others, but generally I feel I can bounce back pretty quickly.
 - c) It is never easy, but hopefully given time I am able to bounce back from most things.
- 16. How self-reliant are you in your own abilities?**
- a) We all need to rely on others to some extent
 - b) Very much
 - c) Fairly self-reliant.

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- 17. How desirable is it for you to develop personal standards in life?**
- a) It is important to me that my values and standards have the approval of others.
 - b) Very desirable
 - c) Fairly desirable
- 18. Do you believe you are in control of your own life?**
- a) Not particularly, and none of us are ever completely in control of our own lives.
 - b) In general I am in control of my own life
 - c) I am in control to a certain extent, but not perhaps as much as I would wish.
- 19. How assured are you in your own abilities?**
- a) Not particularly assured
 - b) Very assured
 - c) Fairly assured
- 20. Do you accept yourself for what you are?**
- a) No, there is always room for improvement
 - b) Yes, in general I do
 - c) To some extent; however, there are certain things I would perhaps prefer to change for the better.
- 21. How afraid are you of taking risks?**
- a) I worry greatly about taking risks and the possible consequence of failure.
 - b) I am not afraid of taking risks as this is sometimes necessary in order to be successful.
 - c) It depends how great the risk.
- 22. Do you feel independent of the goodwill of others?**
- a) No
 - b) Yes
 - c) Sometimes, but not always

23. How do you view new experiences?

- a) With a certain amount of trepidation as not all new experiences are good ones.
- b) As opportunities to learn and open up new possibilities.
- c) As occasions where it is possible to either win or lose

24. Do you carry out self-evaluation?

- a) Rarely or never
- b) Yes, I often evaluate myself independently
- c) Sometimes

25. How often do you put yourself down?

- a) I am often very self-critical
- b) Very rarely or never
- c) Sometimes; however, I am also very mindful of the criticisms of others.

Success

Answer each question or statement by choosing which one of the three alternative responses given is most applicable to you.

26. Which of the following motivates you the most?

- a) Life's rewards
- b) My beliefs
- c) My own personal desires.

27. Which of the following words best describes you?

- a) Busy
- b) Popular
- c) Tenacious

28. What do you believe is the secret of success?

- a) To do something you are good at.
- b) To do something you enjoy.
- c) There is no one specific secret of success.

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- 29. Do you believe that some people are born lucky?**
- a) Not really, as luck tends to even itself out.
 - b) Yes, the finger of fate deals some a much better hand than others.
 - c) No, as I believe you make your own luck.
- 30. How easy is it for you to abandon good intentions?**
- a) It is not easy, but sometimes it is necessary to move on.
 - b) It is not difficult as sometimes good intentions can be misguided.
 - c) I do not believe you should ever totally abandon good intentions.
- 31. Do you go out of your way to impress the right people?**
- a) Perhaps I have done on occasions and may do so again in the future.
 - b) I hope I never would, as to do so is somewhat demeaning.
 - c) Yes.
- 32. Which of the following do you agree with the most?**
- a) No one is perfect
 - b) Imperfection creates new experiences
 - c) Practice makes perfect.
- 33. Do you find it easy to keep focus on one thing at a time?**
- a) Not particularly
 - b) I find it difficult as I like to diversify and have several things and interests on the go at the same time.
 - c) Yes.
- 34. Do you know where you want to be in five, or even ten, years' time?**
- a) I have certain hopes and aspirations but tend to live for today rather than forever planning for the future.
 - b) Not particularly
 - c) Yes.

- 35. Which of the following words appeals to you the most?**
- a) Steadfast
 - b) Sophisticated
 - c) Charismatic
- 36. Are you doing a job, or in a career, that you really enjoy?**
- a) I enjoy it sometimes but not always.
 - b) No
 - c) Yes.
- 37. Are you a good loser?**
- a) Losing does not particularly upset me, though I prefer to be a winner.
 - b) Yes, as I accept there have always got to be winners and losers.
 - c) There is no such thing as a good loser, it is just that some people show it more than others.
- 38. How easy is it for you to always finish what you start?**
- a) I find it difficult to always finish every job that I start.
 - b) I do not always finish every job that I start.
 - c) Some jobs are easier to complete than other; however, I do always try to see every job through to completion.
- 39. Which of the following most represents your philosophy regarding hard work?**
- a) It doesn't always bring all the rewards that it deserves.
 - b) It is sometimes a necessary evil.
 - c) Hard work is a means to an end.
- 40. Do you consider yourself as something of an opportunist?**
- a) Not particularly, although if an opportunity does present itself it would probably be welcome.
 - b) No
 - c) Yes, I am constantly looking out to grasp any opportunity that might present itself.

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- 41. Do you ever long for the good old days?**
- a) Nor really, although certain things were better in what are termed the 'good old days', and it cannot be said that things always change for the better.
 - b) I have many fond memories, and am often quite nostalgic, for times past.
 - c) No, there is no such thing as the good old days and I always look to the future.
- 42. How confident are you that you can turn your dreams into reality?**
- a) Perhaps more hopeful than confident.
 - b) Whatever will be will be
 - c) Very confident.
- 43. Which of the following do you believe is the most important road to success?**
- a) Possessing a high degree of skill
 - b) Knowing the right people and being in the right place at the right time
 - c) Hard work and commitment.
- 44. Do you have problems expressing your views and feelings to others?**
- a) Sometimes.
 - b) Yes
 - c) No.
- 45. How easy is it for you to change your job, or even your career, in order to achieve your goals?**
- a) Not easy, especially if you are in a steady job that provides a steady income.
 - b) It is difficult, as sometimes change is a courageous gamble and things might not work out for the best.
 - c) I am sufficiently flexible to change what I am doing, therefore it is not at all difficult.

- 46. How important is the power of hindsight?**
- a) It is not a total waste of time
 - b) It is of little or no importance
 - c) It can be useful
- 47. How do you feel about having regular six-month appraisals with your boss?**
- a) It is not something I would lose sleep over, though I would avoid it if I had the choice.
 - b) It can be a distasteful process.
 - c) It is something I welcome, as it provides an opportunity for career advancement.
- 48. Would you be prepared to give up your favourite hobby if it meant success in your chosen career?**
- a) Perhaps
 - b) No
 - c) Yes
- 49. Which of the following words best describes you?**
- a) Wise
 - b) Generous
 - c) Ruthless
- 50. Do you every think you are in something of a rut?**
- a) Sometimes
 - b) Often
 - c) Never.

How content are you?

In each of the following choose from a scale of 1-5 (where 5 is 'most agree/most applicable' and 1 is 'least agree/least applicable') which of these statements you most agree with, or is most applicable to you. Choose just one of the numbers 1-5 for each of the 35 statements.

- 51. I have a loving and stable family life.**

5 4 3 2 1

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52. I do not tend to complain a lot.
5 4 3 2 1
53. I hope things will carry on in the future as they are now.
5 4 3 2 1
54. I never wish I was someone else.
5 4 3 2 1
55. I never vent my own frustrations on other people.
5 4 3 2 1
56. I do not have an inferiority complex.
5 4 3 2 1
57. If I have a problem I tend to analyse it and talk about it in order to find a solution, rather than complain about it.
5 4 3 2 1
58. I am willing to adjust and change if circumstances dictate it.
5 4 3 2 1
59. I have a positive outlook on life.
5 4 3 2 1
60. I tend to take things one step at a time.
5 4 3 2 1
61. I find it easy to let things go.
5 4 3 2 1
62. I usually get a good night's sleep.
5 4 3 2 1
63. I rarely or never feel that I am stuck in a rut.
5 4 3 2 1
64. I enjoy relaxing on my own for at least a few minutes each day.
5 4 3 2 1

65. I never let things weigh on my conscience.
5 4 3 2 1
66. I tend to define my own success path in life.
5 4 3 2 1
67. I am not envious of other people's possessions.
5 4 3 2 1
68. I must have been born under a lucky star.
5 4 3 2 1
69. I have realized many of my ambitions in life.
5 4 3 2 1
70. I never feel ashamed of things I have done
5 4 3 2 1
71. Other people's criticisms do not worry me.
5 4 3 2 1
72. I feel relaxed and happy with my lot in life.
5 4 3 2 1
73. I have a great deal of confidence in my own decisions.
5 4 3 2 1
74. I rarely feel restless and wanting to do other things.
5 4 3 2 1
75. I find it very easy to sit back and relax.
5 4 3 2 1

