

[LK 1413]

FEBRUARY 2017

Sub.Code :1413

M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION

BRANCH II – (YOGA)

SECOND YEAR

PAPER II – APPLIED BASIC MEDICAL SCIENCES AND YOGA

Q.P. Code : 461413

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 20 = 40)

1. Physiology of Respiration.
2. Yoga Compared to other systems of exercise.

II. Short Notes on:

(10 x 6 = 60)

1. List the yogic diet with its nutritive and medicinal value.
2. Properties of Mucus in the gastrointestinal tract.
3. Clinical features of Acromegaly.
4. Iatrogenic effects of drugs .
5. Muscles in Exercise.
6. Tabulate autonomic effects on various organs of the body.
7. Hypersomnias.
8. Lifesaving value of collateral circulation in the heart.
9. Theories of Aging.
10. Endocrine responses to exercise.

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OCTOBER 2017

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Q.P. Code : 461413

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 20 = 40)

1. Write in detail about procedure, therapeutic indication, contraindications and benefits of Jalaneti and Sutra neti.
2. Write on yogic diet (a) name complete list of yogic diet
(b) its nutritive value
(c) justify benefits, each diet role on today's health and disease.

II. Short Notes on:

(10 x 6 = 60)

1. Mention few contraindications, benefits and precautions in practice of Vastradhauti.
2. Mention few contraindications and benefits of Mayurasana.
3. Write few contraindications and benefits of Chakrasana.
4. Mention few contraindications and benefits of Halasana.
5. Stress response of Sympathetic nervous system.
6. Blood glucose regulation.
7. Types of pain and their qualities.
8. Tabulate autonomic effects on various organs of body.
9. Types EEG waves.
10. Basic theories of sleep.
