M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION BRANCH I – (NATUROPATHY)

FIRST YEAR

PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS

Q.P. Code: 461401

Time: Three Hours Maximum: 100 Marks

Answer All questions

I. Essay Questions: $(2 \times 20 = 40)$

- 1. Explain in detail about Naturopathic approaches to woman and child health.
- 2. Explain in detail about fasting therapy, its role in immunity and recent research publication.

II. Short Notes on: $(10 \times 6 = 60)$

- 1. Herbal medicine for viral infection.
- 2. Amino acids and sprouts.
- 3. Encumbrance and free radicals.
- 4. Physiological effect of immersion bath.
- 5. Pranic healing and its basis.
- 6. Socioeconomic status and naturopathy.
- 7. Innate healing according to nature cure.
- 8. Nature cure for anaemia.
- 9. Naturopathy in public health.
- 10. Concepts in Siddha and Ayurveda.

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PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS

Q.P. Code: 461401

Time: Three Hours Maximum: 100 Marks

Answer All questions

I. Essay Questions: $(2 \times 20 = 40)$

1. Explain in detail about Naturopathic nutrition in health and disease relevant to modern research.

2. How to increase the vitality with various methods and compare with modern immunity?

II. Short Notes on: $(10 \times 6 = 60)$

- 1. Phytomedicine in naturopathy.
- 2. Relevance of sun bath in present lifestyle.
- 3. Front encumbrance details.
- 4. Physiological effect of massage.
- 5. Spiritual medicine for healing.
- 6. How the signs in the iris are produced?
- 7. Physiological effect of colon irrigation.
- 8. Antenatal care for easy delivery.
- 9. Indian root for nature cure.
- 10. Research papers published on clay bath.

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Q.P. Code: 461401

Time: Three Hours Maximum: 100 Marks

Answer All questions

I. Essay Questions: $(2 \times 20 = 40)$

1. Explain in detail about the concepts of health and disease according to Naturopathy and Modern science.

2. Explain in detail about Naturopathic Diagnostic Methods.

II. Short Notes on: $(10 \times 6 = 60)$

- 1. Fundamentals of Homeopathy in relation to Naturopathy.
- 2. Lemon gross oil and its use.
- 3. Naturopathic Massage and its effects.
- 4. Natural living based on Naturopathy.
- 5. Environmental factors on health.
- 6. Nature Cure on Child health.
- 7. Chromo therapy and its effects.
- 8. Naturopathy and acute disease.
- 9. The findings of Nature Cure in Indian Culture.
- 10. Indication and contra indication of Clay Therapy with evidence.
