

VĪ naānam na {dñVna gobd {bI nĀ

Write an essay on 'Tantra Prampara' (Tradition).

à. 4. ídmg àġ mH\$ à{H\$ m {Zin{Im nEd\$ à` nDZ {bI nĀ

Write the purpose, benefits and process of Svasha Preksha.

AWdm/ OR

\_Z H\$ nangm\_ný` epŠV` nĀ H\$ i` m»` mH\$ nĀ

Describe the Supernormal powers of Mind.7

à. 5. {ZâZ{b{I V \_|go{H\$gr VrZ na {dñVn {Q&nUr {b{I `Ā

Write detail notes on any three of the following.

(i) OZ Y\_©\_|Aqngm/ Nonviolence in Jain Dharma

(ii) aš {M{H\$gm/ Colour Therapy

(iii) AUdV AnYXnbZ / Anuvrat Movement

(iv) gmj nĀH\$na / Interview

(v) àġ nĀ nZ An Zem\_nŠV / Preksha Meditation and De-addiction



(ii)

D009

MSOL-01

**एम.ए./एम.एस-सी. (पूर्वाब्धि) परीक्षा - 2016**

**(पत्राचार पाठ्यक्रम)**

**विषय : जीवन विज्ञान, प्रेक्षाध्यान एवं योग**

**प्रथम पत्र : जीवन विज्ञान, प्रेक्षाध्यान एवं योग**

समय : 3.00 घण्टे

पूर्णांक : 60

*निर्देश : सभी प्रश्नों के उत्तर दीजिए। सभी प्रश्नों के अंक समान हैं।*

*Note : Attempt all questions. Each question carries equal marks.*

à. 1. OrdZ {dkmZ H\$ E{Vhm{GH\$ nĀR>^\_ H\$no\_g\_PnB©Ā

Explain the historical background of 'SOL'

AWdm/ OR

CÚnd \_| OrdZ {dkmZ H\$ Cn` nĀVmH\$no\_g\_PnB©Ā

Explain the usefulness of 'SOL' in Industry.

à. 2. AZb\$nyV H\$ i` mchm{aH\$ à` nĀ na bd {bI nĀ

Write an essay on Practical utility of "Anekant".

AWdm/ OR

Aqngm na EH\$ bd {bI nĀ

Write an essay on 'Nonviolence'.

à. 3. `nĀ H\$ ònĀ/ H\$no-VnVohp og\_H\$nbZ `nĀ H\$no\_je` nĀSZ H\$naĀ

Evaluate the Contemporary yoga mentioning the source of yoga.

AWdm/ OR

(i)

P.T.O./H\$.nĀC.

Write the result and process of Contemplation of Ekatva and Anitya.

- à. 3. Highlight the institutions, discipline, learning methods and Syllabus of Education System of SOL.

AWdm / OR

Clarify the statement 'SOL is a Progressive Philosophy'.

- à. 4. Write the introduction of the units of SOL in School Level.

AWdm / OR

Write the introduction of Education Commission in respect of Moral and Value Education.

- à. 5. Write short notes on any three:

- (i) Truth
- (ii) Importance of Indian Culture.
- (iii) Patience
- (iv) Value oriented education
- (v) Integrated Personality



(ii)

D010

MSOL-02

## एम.ए./एम.एस-सी. (पूर्वाब्ध) परीक्षा - 2016

(पत्राचार पाठ्यक्रम)

विषय : जीवन विज्ञान, प्रेक्षाध्यान एवं योग

द्वितीय पत्र : जीवन विज्ञान और मूल्यपरक शिक्षा

समय : 3.00 घण्टे

पूर्णांक : 60

निर्देश : सभी प्रश्नों के उत्तर दीजिए। सभी प्रश्नों के अंक समान हैं।

Note : Attempt all questions. Each question carries equal marks.

- à. 1. Describing Socialization highlight the utility of SOL in Socialization.

AWdm / OR

Highlighting Social control describe the importance of SOL in Social Control.

- à. 2. Verify the Statement, the gateway of Success are – Mental Balance and Concentration.

AWdm / OR

(i)

P.T.O./H.N.C.

What is the effect of Preksha Meditation on Autonomic Nervous system?

à. 3. V\$H\$ V\$ H\$ g\$M\$Z\$m {b I \$

Write the structure of Nervous system.

AWdm / OR

\_pñVîH\$ H\$ g\$M\$Z\$m Ed\$H\$mî €{b I \$

Write the structure and function of Brain.

à. 4. nmMZ V\$ H\$ g\$M\$Z\$m Ed\$H\$mî €-VnE\$

Explain the Structure and function of Digestive system.

AWdm / OR

öX` H\$ g\$M\$Z\$m Ed\$Bg na àj nÜ` nZ H\$ à^nd na {Q\$ñUr H\$a\$

Write a note on structure of Heart and effect of Preksha Meditation on it.

à. 5. {ZâZ \_|go{H\$Yht Xnna {Q\$ñUr H\$a\$-

Write a short note on any two-

(a) and à{Vanîr V\$ / Immune System

(b) ñ\_V / Memory

(c) grI Zm / Learning

(d) and à{Vanîr V\$ na àj nÜ` nZ H\$m à^nd

Effect of Preksha Meditation on Immune System

(ii)

D011

MSOL-03

एम.ए./एम.एस-सी. (पूर्वाब्ध) परीक्षा - 2016

(पत्राचार पाठ्यक्रम)

विषय : जीवन विज्ञान, प्रेक्षाध्यान एवं योग

तृतीय पत्र : अनुप्रायोगिक मानव शरीर रचना एवं क्रिया विज्ञान  
(जीवन विज्ञान के सन्दर्भ में)

समय : 3.00 घण्टे

पूर्णांक : 60

निर्देश : सभी प्रश्नों के उत्तर दीजिए। सभी प्रश्नों के अंक समान हैं। यथावश्यक नामांकित चित्र अवश्य बनाइये। चित्रों को मूल्यांकन में विशेष वरीयता दी जायेगी।

Note : Attempt all questions. Each question carries equal marks. Draw a labelled diagram where necessary. Diagrams will be given special weightage while evaluating the answers.

à. 1. H\$eH\$m H\$ g{M} g\$M\$Z\$m Ed\$H\$mî €{b I \$

Draw a well labled diagram of cell and write about its structure and functions.

AWdm / OR

A{ñVV\$ H\$ g\$M\$Z\$m H\$m {ddaU H\$a\$

Describe the structure of skeletal system.

à. 2. VZnd S` m hj VWmBgH\$m àj nÜ` nZ goH\$goà-ÝYZ {H\$ m Om/m hj?

What is stress and how can we manage it through Preksha Meditation?

AWdm / OR

ñdm Îmegr V\$H\$m V\$ na àj nÜ` nZ H\$m S` m à^nd hm/m hj?

(i)

P.T.O./H\$.n.C.

à. 3. ~{Ö goAmn Š`mg\_PVoh? BgHö \_mZ H\$ {d{Y` nH\$ i`m»`m H\$&#x26;  
What do you mean by intelligence? Explain the methods of measuring it.

AWdm / OR

~{Ö narj U H\$ Cn`nUjVn na àH\$ne S`b&#x26;  
Throw light on utility of intelligence test.

à. 4. AnÚnUJH\$ \_ZndkMZ Hô j d n H\$ MMmPH\$&#x26;  
Discuss the Fields of Industrial Psychology.

AWdm / OR

nam\_eH\$on[a^mîm/ H\$a| Anp nam\_eXm/m Hô H\$m n H\$ {ddMZm H\$a&#x26;  
Define Counselling and Discuss the functions of Counsellor.

à. 5. {H\$ht VrZ na gsj á {Q\$Ur {bI n&#x26;  
Write short notes on any three of the following -

- (i) OrdZ {dkMZ à{ej U / Training of Science of Living
- (ii) bô`m / Leshya
- (iii) i`pŠVJV Ed\$gm\_ynH\$ ~{Ö narj U / Individual and group intelligence test
- (iv) AnÚnUJH\$ g\_n`nE\$/ Industrial Problems
- (v) MMZ, AdMMZ Ed\$AMNZ / Conscious, Sub Conscious and Unconscious



(ii)

D012

MSOL-04

## एम.ए./एम.एस-सी. (पूर्वाब्द) परीक्षा - 2016

(पत्राचार पाठ्यक्रम)

विषय : जीवन विज्ञान, प्रेक्षाध्यान एवं योग

चतुर्थ पत्र : व्यावहारिक मनोविज्ञान एवं जीवन विज्ञान

समय : 3.00 घण्टे

पूर्णांक : 60

निर्देश : सभी प्रश्नों के उत्तर दीजिए। सभी प्रश्नों के अंक समान हैं।

Note : Attempt all questions. Each question carries equal marks.

à. 1. i`pŠVEd H\$on[a^mîm/ H\$a| Anp i`pŠVEd Hô O{dH\$ H\$naH\$m H\$ndUZ H\$a&#x26;  
Define personality and describe the biological factors of Personality.

AWdm / OR

Hô\_a Únam à{VnmXV i`pŠVEd {gÖmîV H\$ i`m»`m H\$a&#x26;  
Explain the theory of personality given by Krestschmer.

à. 2. i`pŠVEd Hô {dH\$ng H\$ \_Zm-b{JH\$ {dH\$ngnĒ\_H\$ AdnWmAn H\$ i`m»`m H\$a&#x26;  
Explain the Psycho-Sexual developmental stages of development of personality.

AWdm / OR

OrdZ {dkMZ à{ej U Únam\_mZdr` g\_VmAn Hô {dH\$ng na {Z-ŸY {bI &#x26;  
Write an essay on development of human skills by Science of Living.

(i)

P.T.O./H\$.nYC.

Write an essay on Leshya or Aura.

AWdm / OR

Write a Meaningful essay on colour therapy.

à. 4. Explain the history of Para-Psychology.

AWdm / OR

Summarize Dr. Stevenson's rebirth research work.

à. 5. Write short notes on any two of the following:

(A) Kundalini

(~) Clairvoyance

(g) Karan

(X) Possession by denial



(ii)

D013

MSOL-05

एम.ए./एम.एस-सी. (उत्तरार्द्ध) परीक्षा - 2016

(पत्राचार पाठ्यक्रम)

विषय : जीवन विज्ञान, प्रेक्षाध्यान एवं योग

पंचम पत्र : अध्यात्म और विज्ञान

समय : 3.00 घण्टे

पूर्णांक : 60

निर्देश : सभी प्रश्नों के उत्तर दीजिए। सभी प्रश्नों के अंक समान हैं।

Note: Attempt all questions. Each question carries equal marks.

à. 1. Describe the form of mind and discuss the roles of mental development.

AWdm / OR

Explain the Spiritual and Scientific views of Anupreksha.

AWdm / OR

Describe the different levels of Consciousness.

AWdm / OR

Write the motive and result of Psychic centers.

AWdm / OR

Write the motive and result of Psychic centers.

AWdm / OR

à. 3.

(i)

P.T.O./H.N.C.

AWdm / OR

VZnd à-ŸZ \_|OrdZ {dknZ H\$ ^Ÿ\_H\$m~VnB`  
Describe the role of SOL in Stress Management.

- à. 4. gŸfU H\$ \_hEd H\$m{dnVma gog\_PnB`  
Explain the importance of communication in detail.

AWdm / OR

A{^i`pSV H\$ Xj VmEd\$~mYmAnH\$mog\_PnB`  
Explain the Skill and blocks of communication.

- à. 5. gh`nir g\_h na EH\$ bd {b{I E  
Write a note on Supportive group.

AWdm / OR

g\_h H\$ àH\$V Anp CgH\$ {H\$ nàUnor H\$mog\_PnB`  
Explain the nature and Functioning of group.



(ii)

D014

MSOL-06

एम.ए./एम.एस-सी. (उत्तरार्द्ध) परीक्षा - 2016

(पत्राचार पाठ्यक्रम)

विषय : जीवन विज्ञान, प्रेक्षाध्यान एवं योग

षष्ठम् पत्र : स्व-प्रबन्धन में जीवन विज्ञान

समय : 3.00 घण्टे

पूर्णांक : 60

निर्देश : सभी प्रश्नों के उत्तर दीजिए। सभी प्रश्नों के अंक समान हैं।

Note : Attempt all questions. Each question carries equal marks.

- à. 1. ñd-à-ŸZ H\$m{dnVma gog\_PnB`  
Write a note on self-management.

AWdm / OR

AnE\_ {dídng H\$m~TazodnboH\$mH\$mog\_PnB`  
Explain the Influencing factors of self confidence.

- à. 2. gŸd {Z`ŸU \_|àg nU`nZ H\$ ^Ÿ\_H\$m~VnB`  
Describe the role of Preksha Meditation in emotional management.

AWdm / OR

AŸVXpO>H\$ {dH\$ng \_|àg nU`nZ H\$ ^Ÿ\_H\$mH\$mog\_PnB`  
Explain the role of Preksha meditation in development of Intuition.

- à. 3. VZnd H\$ à^ndnH\$mog\_PnB`  
Explain the effects of Stress.

AWdm / OR

(i)

P.T.O./H\$.nYC.

AWdm / OR

aŠVnē` VmEd\$X\_mH\$no(dñVna gog\_PnB` &

Give a detailed account on Anemia and Asthma.

à. 4. A{^àaUm na {Z-ŶY {bI &

Write an essay on Motivation.

AWdm / OR

and à{VanY j \_VmH\$no(dñVna gog\_PnB` oVWm àj nŪ` nZ H\$ Ūnam BgH\$m  
gâdYŶ H\$go{H\$ mOm gH\$Vm h?

Elucidate immunity in detail and how it can be developed by  
Preksha Meditation.

à. 5. AnH\$ne VEd {M{H\$Egm H\$no(dñVna gog\_PnB` &

Explain the space therapy in detail.

AWdm / OR

dV@nZ gX^ñ \_|gV{bV OrdZ epr H\$ Cn` nŪVmH\$no(dñVna gog\_PnB` &  
Examine the utility of balanced life style in the context of current  
scenario.



(ii)

D015

MSOL-07

एम.ए./एम.एस-सी. (उत्तरार्द्ध) परीक्षा - 2016

(पत्राचार पाठ्यक्रम)

विषय : जीवन विज्ञान, प्रेक्षाध्यान एवं योग

सप्तम पत्र : जीवन विज्ञान और स्वास्थ्य

समय : 3.00 घण्टे

पूर्णांक : 60

निर्देश : सभी प्रश्नों के उत्तर दीजिए। सभी प्रश्नों के अंक समान हैं।

Note : Attempt all questions. Each question carries equal marks.

à. 1. ñdnñĪ` H\$ AdYnaUmAn Ed\$Am m\_n H\$m dUŶ H\$&

Describe the concepts and dimensions of health.

AWdm / OR

ñdnñĪ` {ej m H\$ H\$m Ŷd Ed\${gŌmVn H\$no g\_PnB` &

Explain the areas and principles of Health Education.

à. 2. and H\$no g\_PnZoVWm and H\$ H\$naUn Ed\$àH\$nan H\$no{dñVna go{bI &

While explaining disease write in detail about causes and types  
of diseases.

AWdm / OR

nnMZ Xn-ē` VWm Zđ and na {Z-ŶY {bI &

Write an essay on constipation and Eye problems.

à. 3. {Ju, \_Yw bn VWm nŶOxH\$ Aëga H\$H\$naU, búñU Ed\${M{H\$Egm {bI &

Write the causes, symptoms and treatment of epilepsy, diabetes  
and peptic ulcer.

(i)

P.T.O./H\$.n.C.

