

| PATTERN & MARKING SCHEME |                  |              |                       |                       |
|--------------------------|------------------|--------------|-----------------------|-----------------------|
| Section                  | (1) Sports Quest | (2) Olympics | (3) General Awareness | (4) Achievers Section |
| No. of Questions         | 25               | 5            | 15                    | 5                     |
| Marks per Ques.          | 1                | 1            | 1                     | 3                     |

### SYLLABUS

**Section 1 :** Different sports and their technical aspects, History of sports, Famous sports tournaments, Awards and recognitions and their conferring committees, Sports scholarships, Diet and exercises, Yoga and aerobics.

**Section 2 :** Questions related to Olympics 2016 and Olympics history.

**Section 3 :** Our country and the world around, Plants and animals, Famous personalities, Abbreviations and quotes, Maths fun, Science and Technology, Language and literature, Our environment and its conservation, Current affairs.

**Section 4 :** Higher order thinking questions- Syllabus as per Section 1, 2 and 3.

### SPORTS QUEST

- Squash is a \_\_\_\_\_.  
(A) Track Event      (B) Racquet Game      (C) Water Sport      (D) Outdoor Game

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- The Merdeka Cup belongs to which sport?  
(A) Golf      (B) Tennis      (C) Soccer      (D) Field Hockey

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- Who scored the first century in the IPL match?  
(A) Suresh Raina      (B) Adam Gilchrist  
(C) Brendon McCullum      (D) Mahendra Singh Dhoni

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- What is power play in T20 Cricket?  
(A) When the bowler can bowl 3 bouncers per over.  
(B) When the batsman can hit 3 sixes per over.  
(C) When one 'no-ball' is allowed per over.  
(D) When not more than 2 fielders are allowed outside the 30 yards circle.

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- A good co-ordination is important to be a skilled performer. Which one of the following methods of exercise would be best to improve the co-ordination?  
(A) Dance exercise      (B) Long distance running  
(C) Weight training      (D) Sit-ups

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- Which of the following is not an *asana* name?  
(i) Tadasana  
(ii) Titaliasana  
(iii) Ushtrasana  
(iv) Chakrasana  
(A) (i) only      (B) (ii) and (iv) only  
(C) (iii) and (iv) only      (D) None of these

## OLYMPICS

7. Who among the following has won the maximum number of gold medals at a single Olympic Games?  
(A) Michael Phelps (B) Mark Spitz (C) Nikolai Andrianov (D) Paavo Nurmi
8. The Rio 2016 Summer Olympic Games mascot is a mix of all the Brazilian animals. What is it called ?  
(A) Misa  
(B) Vinicius  
(C) Rio  
(D) Janeiro



## GENERAL AWARENESS

9. Select the name of the given adventure sport.  
(A) Sky diving (B) Bungee jumping  
(C) Parasailing (D) Scuba diving
10. Where is the famous Golconda Fort located?  
(A) Madhya Pradesh (B) Telangana (C) Karnataka (D) Uttarakhand
11. Who among the following is associated with the famous Indian Revolt of 1857?
- (A)  (B)  (C)  (D) 
12. You bought your school bag last year in ₹ 150 and exactly similar bag cost ₹ 200 this year. The given situation is an example of \_\_\_\_\_.  
(A) Inflation (B) Deflation  
(C) Fiscal consolidation (D) Fiscal deficit
13. Hill stations have a cool pleasant weather during the summer months because \_\_\_\_\_.  
(A) They are near the sea (B) They get plenty of rain  
(C) They are at high altitude (D) They always have a cloud cover



## ACHIEVERS SECTION

14. Which great soccer player was nicknamed as 'Black Pearl' and for which country did he play ?  
(A) Pele – Argentina (B) Maradona – Argentina  
(C) Pele – Brazil (D) Maradona – Brazil
15. Paralyzed with polio in childhood, she overcame her disabilities to win 3 gold medals in 1960 – Rome Olympics in track and field events. Who is she?  
(A) Marla Runyan (B) Wilma Rudolph  
(C) Nadia Comaneci (D) Chris Evert

SPACE FOR ROUGH WORK

## ANSWERS

ISKO – 1. (B) 2. (C) 3. (C) 4. (D) 5. (A) 6. (D) 7. (A) 8. (B) 9. (C) 10. (B) 11. (C) 12. (A) 13. (C) 14. (C) 15. (B)