

Model Question Paper
BACHELOR OF PHYSICAL EDUCATION (B. P. Ed)
END TERM EXAM

Subject Title:

(Course Code :.....)

Total Marks: 60

Duration: 2 Hours

This paper contains 04 parts, A, B, C, D. Read the instruction before each part and answers the question accordingly.

PART- A: There are 10 question given in Part-A. All question are compulsory, each question is of 1 marks. (1×10=10 Marks)

1. Which of these is not a normal function of the skeleton?

- a) mineral storage
- b) protection of underlying tissues
- c) storing hemopoietic tissues
- d) All of these are functions of the skeleton.

2. Skeletal system is

- a) All the bones in the body
- b) All the muscles and tendons
- c) All the body's organs, both soft and hard tissue
- d) All the bones in the body and the tissues that connect them

3. Use the correct code given below :

Arrange the organs of Respiratory system in descending order.

- I. Nose
- II. Larynx
- III. Trachea
- IV. Lungs

Codes:

- a) I, II, IV, III
- b) IV, III, II, I
- c) II, III, IV, I
- d) I, II, III, IV

4. Use the correct code given below :

Arrange the organs of Respiratory system in descending order.

- I. Skull
- II. Ribs
- III. Clavicle
- IV. Femur

Codes:

- a) I, III, II, IV
- b) IV, III, II, I
- c) II, III, IV, I
- d) I, II, III, IV

5. Given below are two statements, one labeled as Assertion (A) and the other as Reason (R) :
- Assertion (A):** In fibrous joint there is no movement at all.
Reason (R): Hinge joint is a typical example of fibrous joint. In the context of two statements, which one of the following statement is correct?
- Codes:**
- Both (A) and (R) are right and (R) is the correct explanation of (A).
 - Both (A) and (R) are right but (R) is not the correct explanation of (A).
 - (A) is right but (R) is wrong.
 - (A) is wrong but (R) is right.
6. Given below are two statements, one labelled as Assertion (A) and the other labelled as Reason (R).
- Assertion (A) :** Osteoporosis disease occurs for Basketball players due to over use of joints.
Reason (R) : Synovial fluid is reduced in the joints due to overuse. In the context of two statements, which one of the following is correct ?
- Codes :**
- Both (A) and (R) are true and (R) is not the correct explanation of (A).
 - Both (A) and (R) are true and (R) is the correct explanation of (A).
 - (A) is true but (R) is false.
 - (R) is true but (A) is false.
7. Which one of following pairs is not correctly matched?
- Neuron ----- Nervous system
 - Alveoli ----- Respiratory system
 - Nephron ----- Muscular system
 - Villi ----- Digestive system
8. Which one of following pairs is not correctly matched?
- Myofibril ----- Muscular system
 - Alveoli ----- Respiratory system
 - Neuron ----- Nervous system
 - Larynx ----- Digestive system
9. Match List – I with List – II and select the correct answer from the codes given below :
- | | | |
|------------|------|--------------------|
| 1. Neuron | I. | Digestive system |
| 2. Alveoli | II. | Urinary system |
| 3. Nephron | III. | Respiratory system |
| 4. Villi | IV. | Nervous system |
- | | | | |
|-------|-----|-----|----|
| 1 | 2 | 3 | 4 |
| a) I | III | II | IV |
| b) IV | III | II | I |
| c) II | III | IV | I |
| d) I | II | III | IV |

10. Match List – I with List – II and select the correct answer from the codes given below :

- | | |
|---------------------------|-----------------|
| 1 Prevention of disease | I. Balance Diet |
| 2 Decrease the pulse rate | II. Alcohol |
| 3 Increase blood pressure | III. Smoking |
| 4 Stimulant | IV. Amphetamine |

- | | 1 | 2 | 3 | 4 |
|----|----|-----|-----|----|
| a) | I | III | II | IV |
| b) | IV | III | II | I |
| c) | II | III | IV | I |
| d) | I | II | III | IV |

PART-B: There are 5 questions given in Part-B. All questions are compulsory, each question carries 03 marks, should not exceed 50 words. (3×5=15 Marks)

11. Define cardiovascular system.
12. Define physiological concept of physical fitness.
13. Define the conditioning in physical activity.
14. Define balance diet.
15. Define Respiration.

PART-C: There are 5 questions given in Part-C. Attempt only THREE, each question carries 05 marks, should not exceed 200 words. (5×3= 15 Marks)

16. Answer any three of the following questions:
- a) What do you understand by Anatomy and physiology in the field of physical education?
 - b) Explain the gender differences in skeletal system
 - c) Elaborate the circulatory system? Explain structure of Circulatory system.
 - d) Explain neuromuscular junction in details.
 - e) Define structure and function of muscular system.

PART-D: This part contains 03 questions, Choose any ONE to answer. Marks allotted are 20, should not exceed 500 words. (20×1= 20 Marks)

17. Answer any one of the following questions:
- a) Define the different types of Nervous System? Explain the structure and functions of the Lobes of Cerebrum and Cerebellum (with diagram).
 - b) Effect of exercise and training on cardiovascular system.
 - c) Define physiological concept of physical fitness.